

**January 2025**

**Your School Name/Logo**

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  | 1Write Here | 2Write Here | 3Write Here |
| 6Write Here | 7Write Here | 8Write Here | 9Write Here | 10Write Here |
| 13Write Here | 14Write Here | 15Write Here | 16Write Here | 17Write Here |
| 20Write Here | 21Write Here | 22Write Here | 23Write Here | 24Write Here |
| 27Write Here | 28Write Here | 29Write Here | 30Write Here | 31Write Here |



**Winter squash** is this month’s Harvest of the Month food. Did you know…

* Winter squash are in the vegetable food group.
* Squash is one of the oldest cultivated crops in the Western Hemisphere and was originally grown for its seeds. Seeds found in Mexico have been dated as 10,000 years old!
* To some Native American tribes, corn, beans, and squash are known as the “Three Sisters.” These plants were grown together and were staples of many tribes in North America.

To learn more about Montana Harvest of the Month visit:

 https://mtharvestofthemonth.org/